		A1	A2	B1	B2	C1	C2
UNDERSTANDING	LISTENING	If the people in front of me speak slowly and clearly, I can understand words about myself, my family, concrete and immediate surroundings and well-known idioms.	I can understand the expressions related to the topics concerning me closely and vocabulary with extremely high frequency. I can comprehend the newspaper advertisements, basic and easy message's basic meanings.	I can understand the basics concepts if the language is clear and appropriate and the topic is well-known such as business, school, entertainment etc.	I can understand quite long conferences and speech and if I know the subject relatively I can follow a complex view. I can understand most of tv broadcast and news related current events.	I can understand long speech. I can understand tv broadcast and films without making too much effort.	I can understand the spoken language without any difficulty if I have enough time to recognize a special accent.
	READING	I can understand known nouns, words and very simple sentences for example in posters, banners or catalogues.	I can read short and very simple texts. I can find specific information prescribed in daily documents such as advertisements, menu, prospectus and understand short and simple personal letters.	I can understand texts written in daily or my profession. I can understand descriptions of events, descriptions of feelings and wishes in personal letters.	I can read articles and minutes written on contemporary issues in which the authors take a special attitude and perspective. I can understand literary text written in prose form.	I can understand long, complicated, factual and literary texts and evaluate the differences in style. I can understand long and technical instructions even if they are written in profession and they are not relevant to my field.	I can read any texts for example a handbook, specialist article or literary texts without difficulty even if it is abstract or complex.

SPEAKING	PARTICIPATI NG IN A SPEECH	I can communicate in a simple way provided the speaker opposite me agrees to slowly repeat or reconstruct her/ his sentences and correct what I am trying to say. I can ask questions on simple and familiar topics or things that I immediately need and answer these kind of questions.	I can communicate on familiar topics and activities, during simple and conventional activities that require nothing more than a simple and direct exchange of information. I can exchange very short communicate although I don't understand a speech in general.	I can overcome most of the situations that may be encountered during my journey to the region where the foreign language I speak is used. I can participate in a speech that is familiar or my personal interests or belong to daily living (for example family, leisure, business, journey and current issue) without preparations.	I can speak with a native speaker with a degree of naturalness. I can participate to a speech effectively in familiar situations, express and defend my opinions.	I can explain myself naturally and fluently without having to search for my words at length. I can use the language effectively and flexibly for social or professional relationships. I can explain my thoughts and opinions in certainty and interfere in appropriate situations.	I can participate any kind of speech or discussion without difficulty and I am also very comfortable with specific expressions and daily speech. I can explain myself fluently and meaning details with certainty. In case of difficulty, I can go back to my head with the necessary skills to avoid understanding this problem.
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	SPEAKING FLUENTLY	I can use simple idioms and sentences to describe where I live and people I know.	I can use a series of sentences or expressions to describe my family, others condition of my life, my education and current or recent professional activity with simple items.	I can simply express myself to describe my experiences and events, imaginations, expectations or goals. I can bring brief reasons and explanations to my opinions or projects.	I can express clearly and detailed what I want to tell in a wide range of topics related to my interests. I can develop a perspective in relation to a daily topic and I can express the advantages and disadvantages of the different possibilities.	I can present clear and detailed descriptions of complex subjects.	I can express a descriptions or a clear and fluent opinion in a style adapted to the context. I can create a logical presentation and I can help my listener to determine and remember the important points.
WRITING	WRITING	I can write short and simple texts such as holiday postcard. I can provide personal details regarding on investigation for example my name, my nation and I can write my address on a hotel registration form.	I can write short and simple notes and messages. I can write very simple and personal letter for example a thank- you letter.	I can write a simple and consistent text on topics familiar or about interesting me. I can write personal letters to describe my experiences and impressions.	I can write clear and detailed texts on my interests in a wide range of topics. I can write an essay or a minute by conveying information or in line with a certain opinion or showing opposing view.	I can express my opinions in a clear and structured text and develop my perspective. I can write complex subjects by highlighting what I consider, in an important letter, an essay or a minute.	I can write a clear, fluent and stylistically adapted text. I can write letters, reports or complex essays that contain a clear fiction that will allow the reader to grasp and memorize important points.